



S. G. V. C. Vidya Prasarak Trust's,

**Matoshri Gangamma Veerappa Chiniwar
Arts, Commerce & Science College,**

MUDEBIHAL-586212. Dist. Vijayapur (Karnataka)

(Accredited with CGPA of 2.58 on seven point scale at 'B+' Grade)

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Ref. No. :

Date :

NOTICE

Date: 03-02-2021

All the students hereby informed that, in our college IQAC, Department of Physical Education organised Yoga and Meditation Training Camp in collaboration with Vipasana Yoga Seva Samsthe(R) Padaganur on 06-02-2021 at college open auditorium at 8:30 AM all the students are requested to ^{attend} ~~participate~~ the Yoga and Meditation Training Camp.



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SGVC Vidya Prasarak Trust's

M.G.V.C.ARTS, COMMERCE AND SCIENCE COLLEGE MUDDEBIHAL

Dist: Vijayapur St: Karnataka-586212

IQAC

Report on

"VIPASAN YOGA AND MEDITATION TRAINING CAMP"

Date: 06-02-2021

Under Life Skill, Physical Education Department in collaboration with Vipasana

Yoga Seva Samsthe(R) Padaganur Organise one day

"VIPASAN YOGA AND MEDITATION TRAINING CAMP" In

college open auditorium. On 06-02-2021. ¹⁰⁸~~100~~ Students were participated in

this Yoga Camp


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Internal Quality Assurance Cell
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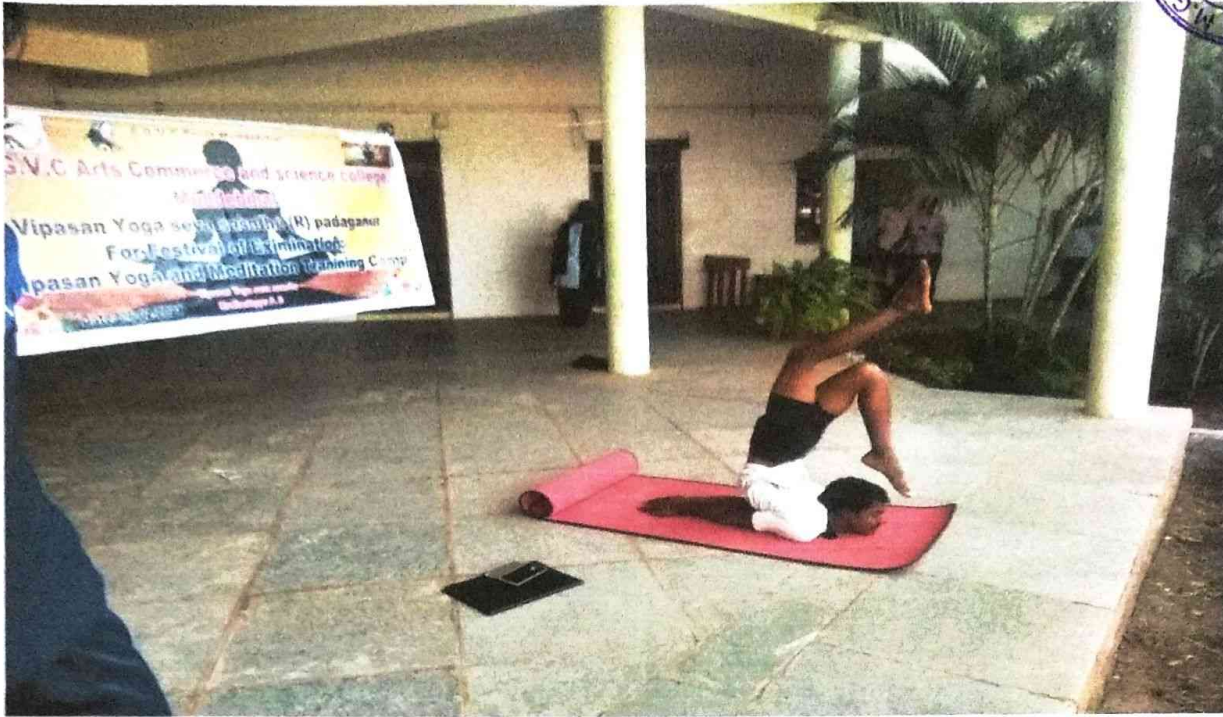


Figure 1 Yoga Patu exhibiting different yoga positions to the students.
 On 06-02-2021



Figure 2 Yoga Patu exhibiting different yoga positions to the students.
 On 06-02-2021

Signature
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Figure 3 Yoga Patu exhibiting different yoga positions to the students. On 06-02-2021

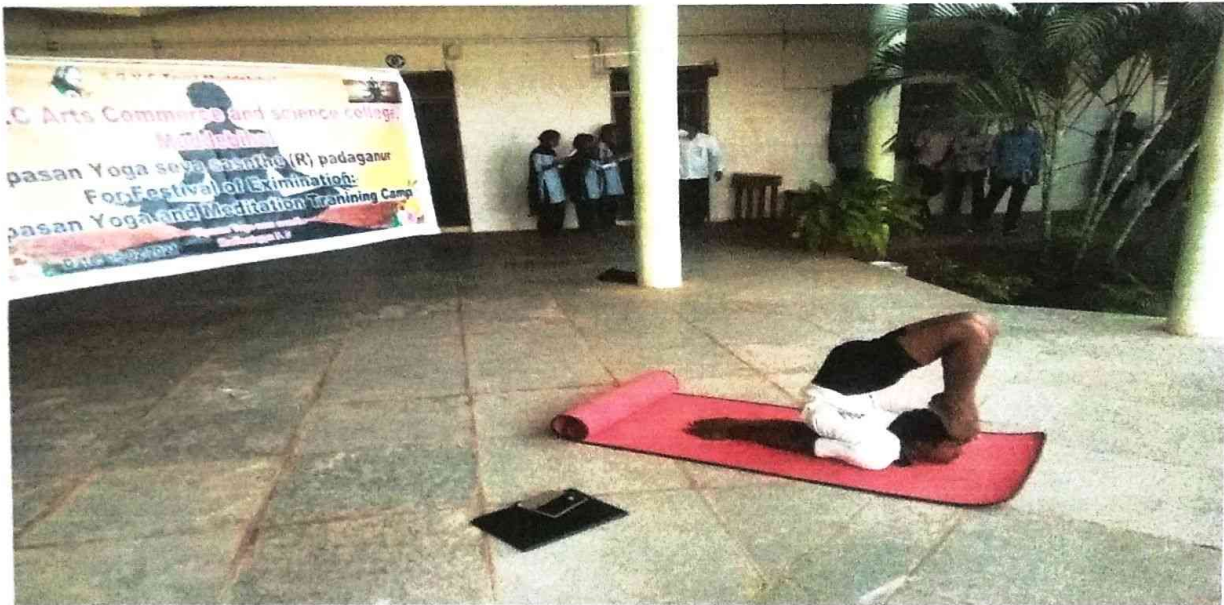


Figure 4 Yoga Patu exhibiting different yoga positions to the students. On 06-02-2021

[Signature]
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Figure 5 **Students observing different yoga steps** On 06-02-2021



Figure 6 **YOGA GURU EXPLAINING WHAT ARE THE TYPES OF YOGA, WHAT ARE THE BENIFITS OF YOGA AND HOW MEDITATION IS TO BE DONE.** On 06-02-2021

Anita
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Figure 7 OUR COLLEGE PHYSICAL DIRECTOR TAKING SELFY WITH YOGA PATU AND STUDENTS On 06-02-2021

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